



AFRICAN HOSPITALITY INSTITUTE  
GUESTHOUSE AND VOCATIONAL SCHOOL  
EKITANGAALA RANCH, NAKASONGOLA  
UGANDA, EAST AFRICA



AHI eagerly invites you as an AHI Guest / Hospitality Professional to visit and teach a short-term intensive ranging from one afternoon to several weeks at our Guesthouse and Vocational School out in the bush of Central Uganda. These are some areas we need your expertise in teaching and developing programs for our vocational training school. We are open to other ideas and concerns.

Thank you for your consideration of partnering with African Hospitality Institute.

#### SANITATION AND HYGIENE

- Food Storage
  - Under our limited conditions due to our location in the bush, how should we best:
    - Store dry and moist foods
    - Defrost foods
    - How long can food remain in freezers
    - Any suggestions of how to better clean our facility
    - Any suggestions on better dishwashing techniques
    - Areas of concern that you see during your visit



#### CULINARY KNIFE SKILLS

- How best to care and store knives
- Demonstrate and offer 'hands-on' training on how to sharpen a knife
- Teach basic knife skills
  - What are different knives used for
  - What are the different styles of cutting and why are they important
  - Can the same knife be used for different functions



#### FOOD PREPARATION

- Talk about 'Mise en Place' and why it is important
- Talk about food presentation and why it is important to 'garnish' a plate
- Discuss the relationship between menus and recipes
- What is the difference between seasoning and flavoring, give examples
- Demonstrate various forms of cooking



#### BAKING

- Discuss differences between quick breads, quick yeast breads and yeast breads
- Demonstrate and offer 'hands-on' training of baking breads

#### KITCHEN MATH

- Discuss need and ideas for inventory systems we could implement
- Discuss Measurements: Dry and liquid
- Discuss how to convert one form of measurement to another [i.e. Fluid oz. in tsp.]
- Teach computer basics or Basic Business and Money Management



#### GARDEN

- Discuss and work with us out in Garden – fertilizing, pesticides, soil prep, seed saving and sowing, harvesting



ANY OTHER IDEAS??? FEEL FREE TO CREATE ANY OTHER PROGRAMS FOR SUCCESSFUL VOCATIONAL TRAINING

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